

2026 | Q4

Webinars & Workshops

WorkplaceNL offers free health and safety education throughout the year.

Many of our workshops and webinars focus on elements of PRIME — WorkplaceNL's incentive program for employers who maintain safe workplaces and effectively manage return-to-work processes. By meeting specific safety and claims management standards, organizations can receive refunds. You will find many webinars and workshops that align with your path below. Learn more about prime at workplacenl.ca/PRIME.

Register for workshops and webinars through our

Certification Training Registry 

Webinars are from 10:00 – 11:00 a.m. NST unless otherwise noted.

Choose the sessions that matter most to you. Employers, supervisors, workers, OHS Committee members, WHS Representatives or Designates and those responsible for complying with occupational health and safety requirements are all encouraged to participate.

OCTOBER

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🔗 How to Get PRIME Refunds: **Occupational Health**

Occupational health conditions such as cancer, respiratory diseases, hearing loss can result from exposures to hazardous substances or environments at work. Preventing these conditions requires the elimination or reduction of exposures, and the control of risks. This webinar will cover the PRIME Path 2 requirements for Occupational Health.

You'll learn how to:

- Conduct an occupational health risk assessment
- Develop an occupational health plan
- Develop a plan for worker training
- Align your occupational health prevention plan with the PRIME Path 2 requirements for Occupational Health

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➤ Return to Work and Mental Health: **Building a successful path forward**

A successful return to work is about more than just physical recovery. A workers' mental health may impact their confidence, well-being and ability to reconnect with their workplace during or after an injury. This webinar explains why mental health support matters and offers practical ways to help workers recover safely, stay connected and return with confidence.

You'll learn how to:

- Identify legislative requirements related to return to work
- Explain roles and responsibilities of employers and WorkplaceNL in the return-to-work process
- Develop successful return-to-work plans that support workers' mental health
- Apply practical solutions to common return-to-work challenges

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➤ How to get PRIME Refunds: **Committees, representatives and designates**

Occupational health and safety committees, representatives and designates bring management and workers together to talk about occupational health and safety (OHS) concerns and find the safest way for workers to do their work. This webinar will cover the PRIME Path 2 requirements for OHS Committees, Worker Health and Safety Representatives, and Workplace Health and Safety Designates.

You'll learn how to:

- Identify when a workplace requires an OHS committee, a worker health and safety representative or a workplace health and safety designate
- Describe how committees, representatives and designates support OHS
- Identify the roles and responsibilities of OHS committees, representatives and designates
- Align your OHS committee, worker health and safety representative or Workplace Health and Safety Designates with PRIME Path 2 requirements

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**④ How to get PRIME Refunds:
Emergency Preparedness and Response**

Being prepared is critical to protecting workers, property and operations during emergencies. This webinar walks through how to develop an effective emergency response plan that meets legislative and PRIME Path 2 requirements.

You'll learn how to:

- Identify employer responsibilities for emergency preparedness
- Identify workplace emergencies that require planning
- Develop and maintain an effective emergency response plan
- Respond quickly and effectively to emergency situations
- Align your emergency preparedness program with PRIME Path 2 requirements

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**④ Creating a Respectful Workplace:
Where people thrive**

Disrespect at work costs more than you think – turnover, low morale and productivity issues. The good news is you can create a respectful workplace that helps teams stay engaged, productive and ready to do their best.

Respect is the foundation of a healthy, productive workplace. When workers feel valued and supported, they are more engaged, collaborative and able to do their best work. This webinar highlights the role respect plays in fostering positive workplace experiences, strengthening workplace relationships and creating an environment where people can thrive.

You'll learn how to:

- Describe the roles and responsibilities of workplace parties in creating and maintaining a respectful workplace
- Recognize behaviours that contribute to both respectful and disrespectful workplace cultures
- Distinguish between disrespect and harassment
- Apply practical strategies to promote a respectful workplace culture that helps employees feel safe, valued and engaged

NOVEMBER

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➤ Psychological Health and Safety: **Where do you begin?**

IN-PERSON WORKSHOP: Greenwood Inn & Suites, Corner Brook
9:00 am – 12:00 pm

Create a workplace where people feel safe to speak up, share ideas and ask for help. This in-person session explores what psychological safety looks like in practice and how to identify psychological hazards that can contribute to mental harm or injury.

You'll learn how to:

- Describe what psychological safety means in the workplace
- Identify psychological hazards and factors that may impact workers' mental health
- Assess your workplace's level of psychological safety
- Recognize behaviours and conditions that support a psychologically safe culture
- Take practical steps to reduce the risk of psychological harm
- Align your psychological health and safety program with PRIME Path 2 requirements

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➤ How to Get PRIME Refunds: **Harassment prevention**

With expanded OHS regulations and rising expectations for respectful workplaces, now is the time to protect your people with a clear harassment prevention plan – and align it with PRIME Path 2 requirements.

You'll learn how to:

- Identify employer obligations under OHS legislation for harassment prevention
- Define workplace harassment
- Recognize examples of harassment
- Develop a harassment prevention plan
- Align your harassment prevention plan with PRIME Path 2 requirements

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➤ **How to Get PRIME Refunds:
Step-by-step guide to Path 2**

IN-PERSON WORKSHOP: Greenwood Inn & Suites, Corner Brook
9:00 am – 12:00 pm

PRIME Path 2 is WorkplaceNL's financial incentive program for larger employers – new for 2026. This in-person workshop provides participants with a clear walkthrough of the Path 2 criteria to help you maintain a safe workplace and effectively manage return-to-work processes.

You'll learn how to:

- Apply the criteria to qualify for Prime Path 2 refunds
- Implement the 15-elements of the required OHS program
- Apply the criteria using practical, real-world examples

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➤ **Air Quality Assessment:
Identifying risks and improving workplace health**

Could poor air quality be putting your workers' health at risk? Knowing when you need to monitor air quality, and how it fits in your occupational health program, helps to mitigate risks and supports a healthy work environment.

You'll learn how to:

- Describe the hazard assessment process and its role in identifying occupational health risks
- Recognize workplace conditions where air quality monitoring may be required
- Explain the Plan-Do-Check-Act approach and its role in continuous improvement
- Align air quality assessment activities with the requirements of PRIME Path 2

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➤ **Safe Start:
Protecting new workers**

New workers are often at a higher risk for workplace injuries as they adjust to new workplaces, roles and expectations. A strong start is key to building a lasting culture of safety.

You'll learn how to:

- Incorporate best practices for onboarding, orientation, mentoring and training new workers
- Apply practical strategies to help employers, supervisors and workers prepare new workers for safe and productive work

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➤ **How to Get PRIME Refunds:**
Fall prevention when working at heights

Falls remain one of the leading causes of workplace injuries. This webinar shows employers how to identify fall hazards, particularly when working at heights, and how to develop effective fall prevention procedures that meet PRIME Path 2 requirements.

You'll learn how to:

- Identify slip, trip, fall and working at heights hazards through effective assessments
- Develop job-specific fall protection plans and procedures
- Align your fall prevention program with PRIME Path 2 requirements

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➤ **How to Get PRIME Refunds:**
Step-by-step to Path 2

IN-PERSON WORKSHOP: Best Western, St. John's
9:00 am – 12:00 pm

PRIME Path 2 is WorkplaceNL's financial incentive program for larger employers – new for 2026. This in-person workshop provides participants with a clear walkthrough of the Path 2 criteria to help you maintain a safe workplace and effectively manage return-to-work processes.

You'll learn how to:

- Apply the criteria to qualify for Prime Path 2 refunds
- Implement the 15-elements of the required OHS program
- Apply the criteria using practical, real-world examples

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➤ **How to Get PRIME Refunds:**
Preventing slips, trips and falls

Slips, trips and falls are often predictable and preventable – yet remain leading causes of workplace injuries. Join us to find practical ways to identify the hazards and prevent injuries.

You'll learn how to:

- Identify slip, trip and fall hazards in the workplace
- Recognize conditions and activities that increase the risk of falls
- Apply practical measures to eliminate or control fall hazards
- Explain employer and worker responsibilities for fall prevention
- Align your fall prevention practices with PRIME Path 2 requirements

DECEMBER

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➤ How to Get PRIME Refunds: **Management, review, records and statistics**

Turn your OHS records into clear insights you can act on. This webinar shows you how to track trends, strengthen oversight and use data to prevent incidents while you stay on track with PRIME Path 2.

You will learn how to:

- Maintain a management review, records and statistics procedure
- Use a standardized form to record OHS statistical summaries
- Review trends to find opportunities to improve
- Align your management review, records and statistics procedure with PRIME Path 2 requirements

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➤ Silica Safety: **Know the risks, control the exposure**

Silica dust can cause serious, lasting harm - often before the risk is obvious. Join this webinar to understand why effective silica control matters and how a strong prevention approach can help protect workers.

You will learn how to:

- Identify the properties of silica and the health hazards associated with silica exposure
- Identify the roles and responsibilities of workplace parties under OHS legislation for silica control
- Control and manage silica exposure in the workplace to protect workers' health
- Align your silica exposure management plan with PRIME Path 2 requirements

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➤ **2026 OHS Awareness Survey:
Key findings and insights**

What can the latest findings tell us about safety awareness in workplaces across Newfoundland and Labrador? Join this webinar for a timely look at the attitudes shaping workplace safety and what they could mean for your organization.

You will learn how to:

- Key findings from the 2026 OHS Awareness Survey
- Gaps in workplace health and safety awareness
- Survey insights to improve workplace safety culture

Have a question about the best education for you?

We're here to help!

Call 1.800.563.9000 or email safety@workplacenl.ca

WorkplaceNL

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