

Health and Safety Learning Symposium

October 15, 2026 | St. John's Convention Centre

Online Agenda

9:00 - 9:30	Welcome and opening remarks
9:30 - 10:45	Step Into Your Greatness Alvin Law, Keynote Speaker In this session, Alvin will share his story of growing up without arms and how he has persevered in the face of relentless challenges. He will invite you to see beyond what's "missing" and discover the possibilities that are within your reach.
11:15 - 12:15	Using AI to Support Workplace Safety <i>Presented by Made Safe NL</i> Learn how artificial intelligence (AI) is being used in workplaces today and what it means for health and safety. This session explains AI in plain language and shows how it can support hazard identification, training, communication and decision-making. Explore practical examples, common risks and how AI can strengthen existing safety practices.
1:30 - 2:30	Rapid-Fire Return-to-Work: 60 Tips in 60 Minutes This fast-paced session is packed with innovative return-to-work tips. Discover proven strategies, quick wins and tools to improve outcomes, gain leadership support and strengthen your program. Whether you are new to return-to-work or have years of experience, you will leave with ideas you can put into action right away.
3:00 - 3:45	Emergency Preparedness: Lessons from the 2025 Wildfires Learn from real experiences during the 2025 wildfires in our province. This session explores emergency response, firefighter safety and how communities came together. It will also feature practical tips to help you better prepare yourself, your family and your workplace.
3:45 - 4:00	Closing remarks