

Join us to kick off  
**Move Well  
Work Well  
Week**

When we **move often** and **use good body mechanics**, we **reduce our risk** of developing an MSI and remain productive, comfortable and healthy.

Let's come together to learn practical solutions for prevention during Move Well Work Well Week and all year round.

**WHERE:**

**WHEN:**

**WHAT:**

Stay strong. Stay safe.

Learn about  
**MSI prevention**

SCAN FOR MORE  
INFORMATION



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