

Policy Number: **HC-02**  
Subject: **Chiropractic Care**  
Chapter: **Health Care Services**

---

## **Policy Statement**

WorkplaceNL covers chiropractic treatment where the treatment is rendered by a chiropractor who is registered and in good standing with the Newfoundland and Labrador Chiropractic Board. Chiropractic treatment is a healthcare service directed towards the examination, diagnosis and treatment, principally by hand, without the use of drugs or surgery, of the spinal column, pelvis, extremities, and associated tissues.

## **General**

### **Coverage for Chiropractic Care**

Chiropractors are considered primary care providers and can be selected by injured workers as their only or principal provider of care for their injury. Chiropractic care can also be provided on a referral basis, from another licensed health care practitioner.

### **Acute Care**

For new injuries where chiropractic care is being obtained within one hundred and eighty (180) days from the date of the injury, WorkplaceNL shall automatically approve payment for initial assessment and up to a maximum of fifteen (15) treatments. This automatic approval is regardless of whether the claim has been accepted. Treatment must be completed within ninety (90) days of the first treatment.

Prior approval for payment of chiropractic treatment must be obtained from WorkplaceNL for recurrences, or for new injuries where chiropractic care is obtained beyond one hundred and eighty (180) days from the date of the injury. WorkplaceNL agrees to pay for the first assessment in this circumstance.

In all cases, any extension of chiropractic treatment beyond fifteen (15) treatments must be approved for payment by

Policy Number: **HC-02**  
Subject: **Chiropractic Care**  
Chapter: **Health Care Services**

---

WorkplaceNL in accordance with the “Extensions” section below.

## **Extensions**

WorkplaceNL may approve payment for extensions beyond the initial fifteen (15) treatments where evidence-based care has shown further objective functional improvement is achievable based on the worker’s progress to date. WorkplaceNL’s consultant may be consulted on extension requests. WorkplaceNL may approve payment for extensions for up to a maximum of fifteen (15) treatments per extension.

## **Supportive Care**

Supportive care is care that is:

- Therapeutically necessary;
- Provided to injured workers who have reached maximum medical improvement and have returned to work or are participating in a labour market re-entry program; and
- Required because the worker fails to sustain their level of recovery and demonstrates progressive, objective deterioration with periodic withdrawal of treatment on a trial basis.

Supportive care follows appropriate application of passive and active care, including rehabilitation and lifestyle modifications. It is appropriate where alternate care options, including home-based self-care, have been considered or attempted.

Supportive care may be inappropriate where it interferes with other appropriate primary care or where the risk of supportive care outweighs its benefits.

Supportive care will only be covered in cases where WorkplaceNL’s Chiropractic Consultant agrees that the worker has reached maximum medical improvement for the

Policy Number: **HC-02**  
Subject: **Chiropractic Care**  
Chapter: **Health Care Services**

---

compensable injury and that there is objective evidence of progressive deterioration with periodic withdrawal of treatment.

When supportive care is covered, WorkplaceNL will generally cover a maximum of fifteen (15) treatments for a period of one year; however, additional treatments will be covered after re-evaluation where the worker continues to meet the above criteria.

### **Preventative or Maintenance Care**

Preventative or maintenance care is elective care that is chosen by the patient to prevent disease, prolong life, promote health and enhance quality of life. WorkplaceNL will not cover elective care.

### **Merits and Justice**

It is important to consider Policy EN-22 Merits and Justice when making a decision under this policy.

### **Fee Structure**

Fees payable for chiropractic services will be in accordance with the Memorandum of Agreement between WorkplaceNL and the Newfoundland and Labrador Chiropractic Association.

**Reference:** Workplace Health, Safety and Compensation Act, 2022, Sections 95 and 96.  
Chiropractors Act, R.S.N. 1990, c. C-14  
Policy EN-22 Merits and Justice

## Amendment History

Original Effective Date	1994 01 26
Revision #3	2014 09 18
Revision #4	2018 03 08
Revision #5	2021 12 15
Next Review Date	2026 12 15