

# HEALTH AND SAFETY >>>> LEARNING SYMPOSIUM

Oct 24, 2023, St. John's Convention Centre

## In-Person Agenda

8:00 - 9:00	<b>Registration and Exhibition</b>
9:00 - 9:30	<b>Welcome and Opening Remarks</b>
9:30 - 10:45	<b>Keynote Speaker</b> <ul style="list-style-type: none"><li>Eddie LeMoine - A Journey to Safety</li></ul>
10:45 - 11:15	<b>Morning Break and Exhibition Viewing</b>
11:15 - 12:00	<b>Concurrent Sessions</b> <ul style="list-style-type: none"><li>Return to Work after a Traumatic Mental Health Injury Dana Smith, Marsha Thistle and DeeAnne Feltham-Scott, WorkplaceNL</li><li>Preparing for Work: Tips to Avoid Pain and Discomfort Dr. Michael Wahl, Faculty of Medicine, Memorial University and Cherylee Osborne, WorkplaceNL</li><li>Wake-up Call: The Impact of Fatigue in the Workplace DeAnn Vincent, WorkplaceNL</li><li>New PRIME Program: The Path Forward Cathy Whiffen and Sheri Philpott, WorkplaceNL</li></ul>
12:00 - 1:30	<b>Lunch</b> <ul style="list-style-type: none"><li>Luncheon Speaker, Emergency Preparedness and Response Brian Button, Mayor, Port aux Basques</li><li>Presentation of Safety Leadership Awards</li></ul>
1:30 - 2:15	<b>Concurrent Sessions</b> <ul style="list-style-type: none"><li>Respect in the Workplace - Yes Please! DeeAnne Feltham-Scott, WorkplaceNL</li><li>Psychological Health and Safety: The Benefits of Small Changes Cathy Barrett Brinson, WorkplaceNL</li><li>Competent Supervision: Leading Safely Alex Tuff, WorkplaceNL and Fred Swift, OHS Division, Digital Government and Service NL</li><li>Return to Work: Getting Back is Part of Getting Better Kathryn Kehoe and Jennifer Grimes, WorkplaceNL</li></ul>
2:15 - 2:45	<b>Afternoon Break and Exhibition Viewing</b>
2:45 - 3:30	<b>Plenary Session</b> <ul style="list-style-type: none"><li>Alison Butler - Mental Health and Wellness</li></ul>
3:30 - 3:45	<b>Closing Remarks</b>

Note: The online option of the Learning Symposium will be a livestream of the sessions held in the plenary room throughout the day.

