

# Move WELL Work WELL

September 19 – 25, 2021



Soft-tissue injuries account for two-thirds of all lost-time injuries in Newfoundland and Labrador workplaces.

Take part in Move Well-Work Well Week by discussing ways to prevent repetitive strain and overexertion injuries in your workplace.



## ATTENTION

To view the course schedule for the one-day WorkplaceNL approved Musculoskeletal Injury (MSI) Prevention certification training program, please visit the Certification Training Registry (CTR). Learn practical workplace solutions to prevent MSI.

For resources and tools  
visit [workplacenl.ca](http://workplacenl.ca)

**WorkplaceNL**

Health | Safety | Compensation



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