



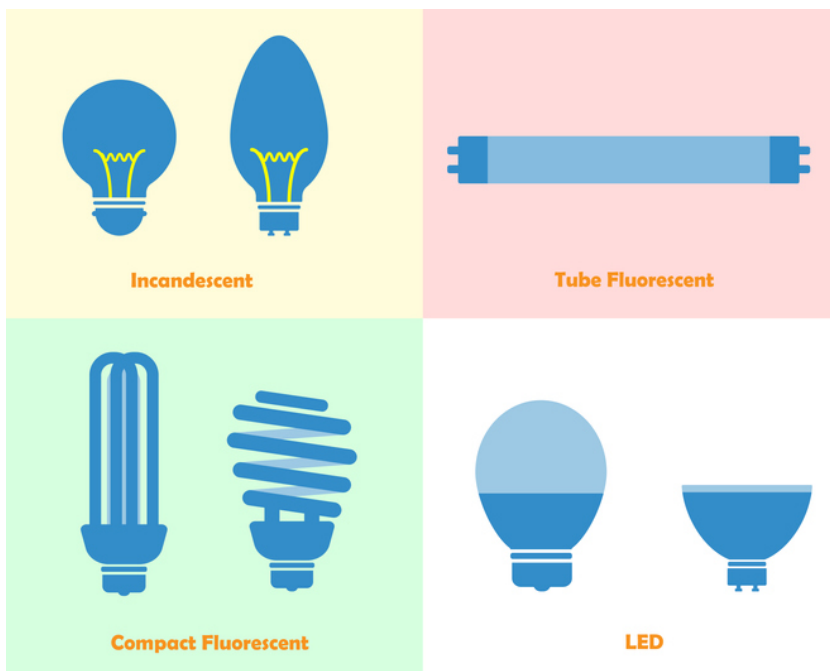
Safety Share

Mercury Vapour and Lighting

Compact fluorescent lamps (CFLs) and fluorescent tubes contain toxic mercury vapour. When a bulb or tube breaks, the mercury vapour inside is released into the air.

How can mercury vapour affect my health?

If inhaled, mercury vapour is absorbed into the body, where it can have negative effects on the lungs, kidneys and nervous system.



What can I do to protect myself?

- Store bulbs and tubes in suitable containers to protect them from damage.
- Bring used bulbs and tubes to an appropriate hazardous waste facility for disposal.
- If bulbs and tubes are disposed of by crushing or compacting at your workplace, ensure you are provided with adequate ventilation and personal protective equipment to protect from overexposure.