

## Safety Checklist

### Make Sure Your Employer Reviews This With You!

- 1 What are the workplace hazards or risks I should be made aware of?
- 2 How can I report a workplace hazard?
- 3 What safety training will I receive?
- 4 Where can I access safety policies, procedures and OH&S legislation?
- 5 Is there any personal protective equipment that I'll be expected to wear?
- 6 Where are the fire extinguishers, emergency exits and first aid kits located?
- 7 Are there safety meetings?
- 8 Who are the OH&S committee members/WH&S representative?
- 9 What if I get hurt? Who should I contact?

### Under OH&S legislation all workers have the following rights:

- To know the hazards at work and how to protect themselves
- To participate in finding and resolving health and safety concerns
- To refuse work which they believe is unusually dangerous

For more information, please contact:

St. John's                      Corner Brook  
t 1.800.563.9000              t 1.800.563.2772

Grand Falls-Windsor  
t 1.800.563.3448

### You need more than a job to be Ready for Work

#### Supervisor

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

#### WH&S Representative/ WH&S Designate or OH&S Committee Member

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

#### First Aid Attendant

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

#### Police (RNC & RCMP)

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

#### Fire Department

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Report a Serious Accident:  
t 709.729.4444



### Information for Young Workers and their Employers

**WorkplaceNL**  
Health | Safety | Compensation

## Creating a Safe Place for Young Workers

Young workers can often be at a greater risk of injury on the job.

These injuries may be attributed to:

- inexperience;
- a reluctance to ask questions;
- a tendency to take risks;
- an eagerness to please “no matter what”;
- lack of self-confidence;
- lack of knowledge for recognizing workplace hazards;
- lack of task specific training before getting started on the job; and
- lack of appropriate health and safety training.

To ensure a safe workplace, we all have a responsibility to take action.

## Employer Responsibilities

As an employer, you have a moral and legal responsibility to protect your workers. They should be provided with the following:

- instruction, training and orientation to job tasks, the work environment and safe work practices for their job;
- information about workplace hazards and how they are controlled;
- information about their rights and responsibilities under occupational health and safety legislation;
- proper supervision and follow-up.

## Parent/Guardian Responsibilities

Parents/guardians should take an interest in their children's employment decisions. They should be aware of the rights of workers and ask their child and/or the employer about the job duties and the safe work practices in place. Parents should encourage young workers to stand up for their rights and ask questions or seek help if they feel work practices may be unsafe.



## Young Worker Responsibilities

Young workers also need to take care of their own health and safety, and not put others at risk. These new workers have a duty to:

- follow established safe work practices;
- use personal protective equipment;
- report hazards and violations;
- use equipment appropriately;
- take responsibility for their own safety;
- ask questions when in doubt about workplace hazards;
- use proper lifting techniques;
- educate themselves about occupational health and safety; and
- know their rights and responsibilities.