

To add your business to the Ergonomics Directory of Service Providers, please complete this form.

Name of business:

Address		City/Town		Postal Code
Telephone #	Fax #	Website	Contact Person	
		Email		

Permanent business location address:

Address		City/Town		Postal Code
Telephone #	Fax #	Website	Contact Person	
		Email		

Alternate business locations throughout Newfoundland and Labrador:

Address		City/Town		Postal Code
Telephone #	Fax #	Website	Contact Person	
		Email		

Address		City/Town:		Postal Code
Telephone #	Fax #	Website	Contact Person	
		Email		

Address		City/Town:		Postal Code
Telephone #	Fax #	Website	Contact Person	
		Email		

Type of Business _____

Professional staff (optional)

List names, designations and/or job titles of staff members, or provide a summary of trained professionals on staff

Are you willing to travel to provide services? Yes No

If yes:

- Province-wide
- Specific regions within NL Specify regions _____
- Other (i.e. Atlantic Canada) Specify _____

Please check all services offered

Descriptions are provided to convey the context of the services so you may determine if your business provides those services. It is the responsibility of those hiring a service provider to ensure the provider's services meet their specific needs.

- Back Education Including Body Mechanics Training**
Anatomy and function of the spine and other back tissues, role of physical conditioning in the prevention of musculoskeletal injuries (MSIs), risks associated with activities involving awkward postures and manual handling, manual handling principles and proper body mechanics.
- Ergonomics Program Development / Implementation**
Developing/implementing an ergonomics program, or incorporating MSI prevention/ergonomics into the elements of an OH&S program.
- Fitness / Health Education**
The role of fitness/conditioning in the maintenance of a healthy musculoskeletal system and prevention of MSIs. Topics may include benefits of and guidance on physical activity/exercise, joint mobility, warm-ups and stretching, balanced diet, hydration, adequate rest, and healthy postures.
- Job Safety Analysis (JSA)/Physical Demands Descriptions (PDD)**
Objective descriptions of a job that identifies the various tasks and the physical demands required to perform them.
- Musculoskeletal Injury (MSI) Awareness and Prevention Training**
What MSIs are, example MSIs, signs and symptoms, the role of ergonomics, MSI prevention legislation, risk factors and ways to recognize and evaluate them, control measures, hierarchy of controls, establishing priorities for control, control monitoring and follow-up.
- Pre-employment Assessments**
Test of fitness for employment purposes.
- Risk Assessments - Ergonomics**
Evaluating jobs/tasks to measure the level of risk of MSIs.
- Safe Client Handling - Safe Work Practice (SWP) Development**
Development of a documented safe work practice, which clearly outlines the steps to be taken to safely manually handle a person (e.g. patient or resident), such as would be described in the safe client handling training. This document would be intended to be included in the OH&S Program.
- Safe Client Handling - Training**
Practical hands-on training for those who manually handle people. This must include a minimum of safe client handling techniques without the use of lifting equipment and aids (i.e. how to help someone up from the floor if they can help themselves a little, or how to help someone go from a chair to bed).
- Work Station Reviews**
Evaluating the design needs of a new or existing work station to ensure it suits the needs of the user(s). Control recommendations would be provided.
- Work Station Set-Up Principles (Education)**
The principles of designing a work station to fit the needs of the user by optimizing the interactions between the user and other system elements (i.e. products and equipment, environment, people, etc.). Include topics such as the ability to change postures, work in neutral postures, minimizing force and repetitive motions, optimizing environmental factors, etc.
- List any other services your business provides**