

## Client Services Policy Manual

Policy Number: **EN-05**  
Subject: **Hernia Conditions**  
Chapter: **Entitlement**

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### Policy Statement

Claims for hernia will be accepted as compensable, where the circumstances point to the hernia having been actually caused or aggravated, not merely brought to notice, by some specific muscular effort or incident occurring in and during the course of employment. Under these circumstances, the hernia may be recorded as an injury and compensation benefits awarded.

**Reference:** *Workers' Compensation Act, R.S.N. 1990, c. W-11, Sections 2(o) and 43*

### Amendment History

<i>Original Effective Date</i>	1987 10 29
<i>Reviewed</i>	2018 02 13
<i>Next Review Date</i>	2023 02 01