

Employers

In case of injury at work



1

Provide First Aid

Activate Emergency Medical Services (EMS), and secure the area to protect others from injury.



2

Report Serious Injuries

Contact your OH&S regulator.

Provincially-regulated: **t** 709.729.4444 Federally-regulated: **t** 709.772.5022 Offshore (C-NLOPB): **t** 709.682.4426
t 1.800.641.4049



3

Document

Complete and keep an incident investigation report.



4

Tell WorkplaceNL

Go online with **connect** to submit the **Employer's Report of Injury (Form 7)** within 3 days. Advise employee to submit a **Worker's Report of Injury (Form 6)**.



5

Stay Connected

Work with your employee and go online with **connect** to submit an **Early and Safe Return-to-Work Plan** within 5 days of having received the Health Care Reporting Form.

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WorkplaceNL

Health | Safety | Compensation

1.800.563.9000

workplacenl.ca