

Travel

Reimbursement of kilometers travelled while in an LMR Plan or LMR Assessment, occurs when a worker is required to travel outside of their home community.

Expenses Covered - LMR Plan

Mileage	Rate is consistent with provincial government's automobile reimbursement rates, to a maximum of \$190 per week.
Room and board	\$190 per week maximum (with confirmation)
Parking permit	as incurred (with confirmation)
Parking meter costs	\$8 per day, flat rate.
Tutor	4 hours per week maximum if no complimentary services are available through the school
Tuition	as set by the school
Supplies	\$150 allowance for academic school year

Injured workers should contact their WorkplaceNL Case Manager for information regarding eligibility for LMR services.

For answers to your questions about expenses, please contact your Client Service Assistant or Health Care Benefits Assistant (travel only).

Expenses Covered - LMR Assessment

Mileage	Rate is consistent with provincial government's automobile reimbursement rates
Hotel	Based on minimum rates (with receipt)
Meals (per diem)	breakfast \$8 lunch \$13.20 dinner \$21.70 (no receipt required)
Private accommodations	\$25 per night includes meals - (no receipt required)



Contact Us

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workplacenl.ca

Labour Market Re-entry Expenses



WorkplaceNL

Health | Safety | Compensation

What is labour market re-entry?

If early and safe return to work activities do not result in work that is suitable, available and restores the workers' pre-injury earnings, WorkplaceNL will provide an injured worker with a labour market re-entry assessment (LMR) and, if necessary, an LMR plan. Employability as demonstrated by transferable skills and functional abilities, rather than the availability of an employment opportunity, will be the relevant factor.

LMR services ensure workers have the skills, knowledge and abilities to re-enter the labour market and reduce or eliminate their loss of earnings resulting from the work injury.

An LMR assessment is conducted to determine whether a worker has transferable skills or requires assistance to re-enter the labour market. The assessment also determines whether an LMR plan is required.

What is a labour market re-entry plan?

LMR plans will be provided in a manner that provides the worker with the best opportunity to successfully re-enter the labour market at an earnings level as near as possible to that of the pre-injury occupation. This will be identified as part of an LMR assessment.



LMR plans can include:

- **academic upgrading**
- **formal training**
- **on-the-job training**
- **self employment**

What expenses are covered during a labour market re-entry assessment?

WorkplaceNL will pay all reasonable expenses during the course of the LMR assessment and plan within the guidelines outlined in Procedure 48.00 "labour market re-entry expenses" found at workplacenl.ca.

Personal use of vehicle for purposes related to LMR assessment will be reimbursed at the rate consistent with provincial government's automobile reimbursement rates for using private vehicles at work.

Expenses covered under the LMR assessment are the same as those covered during the plan with some exceptions:

- 1 Meal allowances will be provided at a per diem rate during the LMR assessment to workers who travel more than 200 kms round trip. Meal allowances will not be provided during an LMR plan.
- 2 Nightly hotel expenses will be reimbursed based on minimum rates for the geographic location, or can be arranged in advance by your Health Care Benefits Assistant
- 3 Where a worker must "overnight" for a period of up to two weeks in order to avail of LMR assessment services, and did not use his/her personal vehicle to travel to the place of service, WorkplaceNL will pay the cost of taxis to and from the worker's temporary residence to the assessment location.

What expenses are reimbursed during a labour market re-entry plan?

The expense reimbursement schedule in this brochure provides details on many of the expenses incurred by workers during an LMR assessment and/or plan. WorkplaceNL may also pay for the following expenses when they are required for the LMR plan:

- **computers;**
- **tools and equipment; and**
- **modifications or assistive devices**