

To add your business to the Ergonomics Directory of Service Providers, please complete this form.

Name of business:

Type of business:

Primary address:

Address		City/Town		Postal Code
Phone	Fax	Website	Contact Person	
		Email		

Other locations in Newfoundland and Labrador:

Address	City/Town	Phone
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Address	City/Town	Phone
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Address	City/Town	Phone
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Address	City/Town	Phone
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Address	City/Town	Phone
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Does your business travel to provide services?

Yes No

If yes:

- Province-wide
- Specific regions within Newfoundland and Labrador (list below)

Please check all services offered

- Back education and body mechanics training**
Anatomy and function of the spine and other back tissues, role of physical conditioning in the prevention of musculoskeletal injuries (MSIs), risks associated with activities involving awkward postures and manual handling, manual handling principles and proper body mechanics.
- Ergonomics program development and implementation**
Develop and implement an ergonomics program, or incorporate MSI prevention and ergonomics into the elements of an OHS program.
- Fitness and health education**
The role of fitness/conditioning in the maintenance of a healthy musculoskeletal system and prevention of MSIs. Topics may include benefits of and guidance on physical activity/exercise, joint mobility, warm-ups and stretching, balanced diet, hydration, adequate rest, and healthy postures.
- Job Safety Analysis (JSA) and Physical Demands Descriptions (PDD)**
Objective descriptions of a job that identifies physical demands required to perform job tasks.
- Musculoskeletal Injury (MSI) awareness and prevention training**
Explain MSIs using examples, MSI signs and symptoms, the role of ergonomics, MSI prevention legislation, risk factors and ways to recognize and evaluate them, control measures, hierarchy of controls, establishing priorities for control, control monitoring and follow-up.
- Musculoskeletal Injury (MSI) prevention certification training, WorkplaceNL approved providers**
Training providers deliver MSI prevention certification training in accordance with the Certification Training Standard. Visit workplacenl.ca for more information.
- Pre-employment assessments**
Fitness test for employment purposes.
- Risk assessments - ergonomics**
Evaluate jobs and tasks to measure MSI risks.
- Safe client handling - safe work practice (SWP) development**
Develop a documented safe work practice, outlining how to safely manually handle a person (e.g. patient or resident). This document is included in the OHS Program.
- Safe client handling - training**
Practical hands-on training for workers who manually handle people. Training must include a minimum of safe client handling techniques without the use of lifting equipment and aids (i.e. how to help someone up from the floor if they can help themselves a little, or how to assist someone up from a chair to bed).
- Work station reviews**
Evaluating the design needs of a new or existing work station to suit the needs of the user(s). Control recommendations are provided.
- Work station set-up principles (education)**
The principles of designing a work station to fit the needs of the user by improving their interactions with other system elements (i.e. products and equipment, environment, people, etc.). Include topics such as the ability to change postures, work in neutral postures, minimizing force and repetitive motions, optimizing environmental factors, etc.
- Other:**
