

## Client Services Procedure Manual

**Procedure: 69.00**

**Subject: Massage Therapy**

1. WorkplaceNL may cover up to six massage therapy sessions per claim provided by a registered massage therapist with the College of Massage Therapists of Newfoundland and Labrador where:

- i. The request for massage therapy is accompanied by a physician referral indicating the expected benefit of this treatment modality towards the overall function of the injured worker.
- ii. The massage therapy request relates to the compensable injury.
- iii. Massage therapy is in conjunction with an active treatment program such as physiotherapy, chiropractic treatment, clinic based occupational rehabilitation, worksite occupational rehabilitation, or a progressive goal attainment program.

Where all of the above criteria are not met, the case may be decided on its individual merits.

2. Where massage therapy has been approved:

- i. WorkplaceNL pays a maximum of \$48 per treatment\*. This fee includes any documentation required by WorkplaceNL. Treatments provided must be a minimum of 30 minutes in length. A purchase order number for \$288 will be issued to the clinic for coverage of six treatments\*.
- ii. Approval using a purchase order number must be given by WorkplaceNL prior to coverage of treatment. The massage therapist must not bill WorkplaceNL until all treatments on the purchase order number have been provided, or at the completion of the treatment plan, if less than six treatments were required.

\*Fees effective December 1, 2017.

**Reference:** Policy HC-13 Health Care Entitlement

### Amendment History

Original Effective Date	2010 06 22
Revision #1	2012 11 06
Revision #2	2017 11 23
Revision #3	2018 06 28