

Report silica-related illnesses

Notify Service NL of a silica-related diagnosis by calling **709.729.7454**

Why should I be aware of my patient's work history? If your patient presents with signs and symptoms of respiratory disease, please ask them about sources of possible occupational exposure to silica dust.

Important factors may include:

- years of exposure
- locations worked
- materials used
- tasks performed
- enrolment in a medical surveillance program

How can I help protect my patients from silica dust?

Encourage your patients to:

- Get routine medical exams.
- Quit smoking. Smokers are at greater risk of developing a silica-related disease.
- Use good personal hygiene habits. Wash hands regularly and not eat, drink, smoke or apply cosmetics in areas where silica is present.
- Not bring dust home. Change into clean clothes and shower before leaving the worksite.
- Use the exposure controls provided by their employer, such as appropriately maintained, approved and fitted respirators.



WorkplaceNL
Health | Safety | Compensation

In Newfoundland and Labrador, all health care providers have a duty to report occupational illnesses and diseases, including silica-related lung disease. After a diagnosis, report to WorkplaceNL by completing a Physician's Report (Form MD).

Duty **Notify** **Report**