

[illegible]

Has worker received a DSM diagnosis? If yes please explain.

If completed, please identify Psychosocial Measures related to workers current DSM diagnosis, (i.e., Anxiety and Depression Scales, Trauma Recovery Scale, PCL-5, etc.)

Psychometric Tool	Normal Range	Results and Interpretation

Please list current medications being taken, as reported by the worker:

Substance Use and Treatment: *Please describe previous and current substance use, current symptoms and treatment to date, if applicable.*

Suicide Risk

☐ No Risk ☐ Low ☐ Medium ☐ High

If any risk identified, please outline any risk factors and protective factors. If required, please outline a risk management plan.

Any Pre-existing Mental Health Conditions:

☐ Yes ☐ No

If yes, please describe pre-existing history, DSM Diagnosis, and the treatment/status reported by worker:

TREATMENT PLAN

Expected Total Number of Sessions:

Frequency of Sessions:

☐ Weekly ☐ Bi-Weekly ☐ Other

If checked Other, please explain:

Please describe planned treatment modalities and interventions:

Please state if a referral to other services is required and provide explanation below (i.e., Psychiatry, OT support, etc.):

RETURN TO WORK PLAN

Return to work is an important component of a treatment plan. Please comment on worker's ability to return to work as noted below:

RTW with no restrictions: ☐ Yes ☐ No

RTW with restrictions and supports; please explain below:

If RTW with restrictions, do you recommend an occupational therapy assessment?

☐ Yes ☐ No

If unable to RTW in any capacity, please explain below:

Please comment on worker's presentation, functioning, and/or affect that you believe may present a barrier with treatment outcomes, return to work or normal social functioning?

Please describe the worker's confidence level and desire to return to work or remain at work? *Please describe any factors or barriers that may impact these levels to support sustained return to work, i.e. employer supports, job factors, etc.*

Name: _____

Signature: _____

Date: _____